

## The **SHIELD** model Regeer ®

**S** Sophisticated

**H** Healthy

**I** Intelligent

5 **E** Ending

**L** Limit

**D** Disease-escalation(s)



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I explicitly advise the reader to take note of:

10 de **SHIELD** METHODE REGEER ® *update 00.2 follows in July 2020*

SHIELD : **S**ophisticated **H**ealthy **I**ntelligent **E**nding and **L**imitation of **D**isease -escalation(s).

1) How better and broader advice can be met on all human dimensions now and in the future and

15 2) How the maximum possible safety can be guaranteed medically, ethically and socio-economically for the population in the event of a virus outbreak.

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Summary (see my justification in 1st document OUTLOOK April 2020)

20 Doing nothing is not an option, the SARS-CoV-2 and the known flu are different conditions  
but follow the same pattern of distribution, we know now. This document describes in detail  
all measures taken which countries do and do not yet apply, and I consider which measures  
are most effective. It is still not recognized worldwide that superspread events or indoor  
conditions are the main drivers of the SARS-CoV-2 outbreaks. This was also the case years  
ago with the outbreak of SARS-CoV-1. Then there was a pointless vaccine, because the  
25 virus had long since eradicated. Countries, including WHO, are also insufficiently aware of  
the major role of outdoor air and ventilation in preventing future local outbreaks. If only this  
is accepted, solutions are within reach and we do not have to unnecessarily lock society  
down again by disastrous lock downs. In the coming months, more and more citizens will  
recognize the relevance of more safe HVAC-HAPA ventilation systems. People will demand  
30 that their school, workplace, care institution, conference room, hotel room or relaxation  
areas (bar, restaurant, disco) must be "Corona proof and safe". I agree with M. De Hond:  
Countries must now work on a MASTERPLAN CORONAPROOF INDOOR VENTILATION with  
the development of a safe quality mark. If this is not done quickly, then misery will come  
into the world again. TABLE OF CONTENTS

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## Fear rules the world

In my first Outlook document I described that it was not the virus, but the fear and panic that caused the serious crisis. Now, three months later, I cannot help but be appalled by the almost sectarian world of our leaders who are constantly depriving the people of all right to liberty through the dogma of: the only solution to get rid of the SARS-Cov-2 virus is waiting for the vaccine. In addition, all world leaders terrify their population, so that everyone complies with all guidelines out of fear of death, which is completely unjustified. (See pages 3, 4 and 8 on the course of SARS-CoV-2). The "experts and leaders" respond to the four dimensions of man as follows:

- 55 1) The physical dimension                      staying at home, limiting movement and human contact
- 2) The psychological dimension              Control over personal life, limiting critical thinking, no criticism allowed
- 3) The social emotional dimension           Pushing great fear and panic in one direction, own feeling not important, think of danger to others
- 60 4) The spiritual dimension                      leaders claim wisdom, should not be doubted, only follow doctrine

I strongly agree with the Dutch Dr. Michaéla Schippers of the Erasmus University College (Behaviour Management): "Worldwide CORONA **sect**:"

All world problems have been reduced to one problem and one solution. With the help of **gas lighting** and other nasty psychological techniques, people are pushed into a direction that many of us don't want to be with the help of great fear. "This takes on **sectarian forms**," she says. "There is only SARS and there is a vaccine as a solution. Then I think, "That's not right." There are always a lot of problems and you will find a solution for the most important problems. It now seems as if all resources are focused on that one problem with that one solution. " She says: Important go back in your feeling ... something is not right here.....

(note) **Gas lighting** = a form of manipulation in which someone makes you doubt your own perception and makes you mentally upset.

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## Corona, SARS-CoV-2 period and the (non) sense measures

Meaningful measures based on recent research acceptance:

- 80 - *MASTERPLAN Ventilation Corona proofing of indoor spaces*, (public) buildings, hospitals and care institutions, churches, theaters, bar, disco, restaurant, hotel rooms, conference rooms, all workspaces, industry such as meat processing and more
  - Prohibiting groups > 3 people in closed spaces with insufficient ventilation, wear facemask inside
  - 85 - Allowing outdoor groups , minimize face to face exposure with strangers: Outdoor group meetings is the NEW NORMAL
  - Determine the blood oxygen level of people at entrances, checkpoints in public spaces with OXImeter (mobile device, 10-second result)
  - 90 - Selective use of mouth masks in interior spaces without required ventilation and outside mass groups and in areas of (heavy) air pollution, stay there short times, reduce face to face contact and keep contact short time with strangers (10-20 minutes)
  - Wash hands 3 times a day, environmental hygiene with (hot) water and normal soap at home and in public areas 1 time per day, no sanitizers and / or alcohol
  - 95 - Sneeze in elbow and use tissue once, ALWAYS isolate yourself when you get sick and stay at home for 2 weeks until recovery
  - Publish monthly percentages of Mortality and Mortality 2020 compared to previous years 2016 - 2019
  - 100 - Monthly measure wastewater treatment (from sewer) on virus components to activate alertness AND PREVENT FOR LOCAL OUTBREAKS Corona , SARS-CoV-2
  - Allowing vulnerable individuals to decide with whom or not they want contact (eg elderly people in nursing homes, patients in hospitals)

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105 - Regional intelligent application in case of a regional virus revival, so more measures in the Region's outbreak and fewer or no measures in the region with (almost) no infections - up to 0.5% is safe.

## **Stop not useful measures now:**

Enforcing 1.5 meters / social distance in society is unsustainable and unnecessary, make it free choice

- 110 - Disinfection of environments with chemicals (dangerous / pointless)
- Measure temperature at entrances and checkpoints in public areas !!
- Wearing face masks in the healthy open air is ridiculous and unnecessary (selectively in large groups and air pollution areas only)
- Alcohol spray and hand sanitizers are not effective against virus
- 115 - Swab tests give as many false positive as false negative results
- Stop developing meaningless vaccines
- Locking down healthy people is dangerous, it causes outbreaks
- Prohibiting group size in the open air is not useful
- Prohibiting contacts with vulnerable groups of people
- 120 - Daily figures publish numbers of infected and dead victims

One could describe current science as normal science, which accepts the prevailing dogma of today, more or less an indoctrination. There is a danger in sticking to this "tunnel vision", it is dangerous for science but also for society.

- 125 Comparing the hypotheses of the different theories has a better result, for example lock down for healthy people would never have taken place when physicians, epidemiologists, psychologists, human scientists, ethics,

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sociologists compared hypotheses. So just now the world NEEDS this theory comparison by all disciplines!

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## **WHO does not (yet) recognize / accept: Airborne contamination**

Enforce 1.5 meter social distance CANCEL NOW

135

I too was trained in this dogma years ago: infection keeps my distance from the patient, so during the Wuhan Corona outbreak in December 2019 / January 2020 I gave advice to the team at the hotel resort (Cebu, Philippines) where I stay at least a meter away from hotel guests in the tropical beach resort with full healthy ocean air!

140

Social distance in itself is already a contradiction, because people socialize in close proximity to each other and not by keeping their distance from each other. Dear reader, I can now tell you that this 1.5 meter distance rule has never been scientifically researched in recent years! So there is not even any evidence for the efficacy !!

145

The WHO states that the social distance rule is based on experimental research from the 1930s and 1950s, research by William Firth Wells from 1955, title of research:

Airborne contagion and Air Hygiene

150

However, if one carefully studies this manual of experimental research, it appears that the WHO and all virology experts have made a complete misinterpretation! (See Maurice de Hond). Wells concluded, to his great surprise, that it was not the large droplets up close, but the small aerosols floating in the air at a greater distance that were most likely to cause serious infection. He did this research in the context of Tuberculosis (= bacteria) but also with the flu virus. 25 years of research !!

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And this was already his conclusion in 1955, mind you, outcome of research from 1955:

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.... the danger does not come from the larger drops. We must protect ourselves against inhaling the aerosols for too long.....

160 But WHO, and thus all Task Force experts in all countries of the world, do not stick to what Wells established by experiment in 1955. And more recently:

*Absence of evidence is not evidence of absence*

165 In her article COVID-19 Is Likely Airborne, Aerosol Scientist Says (2020), Prof. dr. K. Prather she is shocked to see that the WHO does not take into account Covid-19's airborne distribution. (CBS interview, USA) ... but there are many recent scientific publications and interviews that all confirm that aerosols cause the most spread.

170 But WHO ... No, they chose an old dogma social distance, and now we worldwide must immediately abolish social distancing. People are group animals, they need proximity to other people and ... a social economic life with meters away does not work for a meter!

175 Of course you can leave the choice to the people themselves, if you do not feel safe enough, choose to keep your distance. Or in large groups, but it is more effective not to have face to face contact. But a government that enforces social distance on its people, that is abnormal, violent behaviour from the government and that measure violates the fundamental right and personal freedom of man!

180 Years and until now, the assumption was that virus is transmitted through physical direct contacts, research now shows otherwise ... That's all. A measure that has completely stopped social interaction between people and economic activity in all countries in the world and the world is completely disrupted!!! By a nonsensical mistake from medical science, followed by irresponsible naive media and politics worldwide.

185 The justification given by current experts: the SARS-CoV-2 spread through large drops and aerosols (small drops), by keeping 1.5 meters away, avoid contamination from large drops. Well, all recent scientific research shows something completely opposite, which the experts do not consider proven, they stick to their dogma, keep away from contaminating with large drops and aerosols have almost no contamination. The reverse is true!

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190 So: stupid and outdated! Social distance is no longer the new normal, it was the temporary ABNORMAL. The 1.5 meter social distance ruins the economy and the social interaction of society, does not prevent the vast majority of infections and only provides false security.

195 Recent studies in China / Wuhan, Hong Kong, South Korea, Japan, Israel, Germany, the Netherlands, France, Great Britain, USA etc ... show something completely different.

- See also many publications Maurice de Hond, [www.maurice.nl](http://www.maurice.nl)

Maurice collects many scientific publications and is an expert in Statistics, on his blog English and Dutch publications

## 200 ***STOP Super Spreading events***

*& long exposure in indoor areas*

(see UvA study described below)

205 The only correct measure that countries must continue to observe is the fact that indoor events cannot take place for the time being. All research and statistics show that the spread of SARS -CoV-2 has mainly taken place in large outbreaks by large groups of people who come together indoors / indoors for a long time (several hours) during events such as concert halls, theaters, church services, party gatherings, music festivals and during visits to bar / cafe, discotheques, cinemas, covered markets  
210 (China) and more. As now, major outbreaks have taken place in slaughterhouses in the last few weeks, where work is carried out in enclosed spaces in cold conditions without sufficient outside ventilation. Such indoor workshops and group meetings can NOT take place for the time being, or one must recognize the importance of ventilation in indoor  
215 spaces and / or possibly realize HEPA filter systems and where possible open windows and doors!

## START NOW MAKING A VENTILATION MASTER PLAN

220 In short: INDOOR rooms must be made by professional ventilation systems with UV devices CORONA PROOF if we want to start up INDOOR again with groups of employees and with groups of visitors. This is the

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same for INDOOR in, for example, tropical countries, especially in the rainy season, when the wind drops before the start of rain and during heavy rain showers, if people stay together as groups, make sure that windows are open and ventilation and do not use air conditioning!

225 In many buildings such as hospitals, nursing homes, shopping centres, supermarkets, restaurants / bars, etc., HVAC ventilation systems are often used. These systems recirculate the indoor air for reasons of cost savings. In case of a virus outbreak like with SARS-CoV-2, this is dangerous and can cause super spread events.

230 So every country should make a MASTER PLAN to make the ventilation in buildings more safe and VIRUS-Resistant / Corona proof=

## **Refresh indoor air regularly with outdoor air and circulate**

235 There are many providers (here again it is all about money), so countries must make a good technical analysis and provide a mark for the good quality of the systems.

240 For a corona proof ventilation system, there must initially be a defined air hierarchy that pushes away the virus aerosols, with enough air capacity (ventilation rate: m<sup>3</sup> / h) so that it can create a safe situation within a few minutes. The air quality technologies used to cope with the virus must meet certain efficiency (CADR) and safety requirements. Everything must be integratable into an air handling system at acceptable life cycle costs.

1) Reduce the use of HVAC systems in buildings to prevent the production of cold and dry air that causes virus propagation through forced airflows.

245 2) If possible, open more windows / doors to thin virus spread in a room or inside space, outdoor air is safer.

250 3) If possible, install (safe for humans!) UV systems in the HVAC ventilation ducts, which prevent the virus from spreading through an HVAC system. UV is easy to retrofit into the existing HVAC system. because it gives relatively no pressure drop / pressure drop. Compared to filtration, UV can handle many viruses and works better than filters (viruses are too small for filters)

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Or replace HVAC systems with HEPA filters

(as in airplanes and operating rooms)

255 From a natural biological point of view, it is determined that three important elements function as the so-called thermometer for air 1. Air pressure 2. Humidity 3. Temperature. These three elements must have a certain balance. So in countries where there are winters temperatures that balance can get out of balance or in tropical countries in the rainy season, the wind drops before heavy rains.

260 Well, in the fresh outside air this is a natural process, man adapts his breathing through the lungs to the air. In interior spaces, the three elements are disturbed if no ventilation of outside air takes place. Ventilation must be adjusted in interior spaces, so that the three elements in their most natural form and balance also occur indoors, thus reducing  
265 the risk of contamination. Installing good ventilation, that is, circulating indoor air with the outdoor air in a building, requires a filter system, such as is built into aircraft and operating rooms, for example: the so-called HEPA filters. The air is constantly refreshed with outside air and the airflow is down. Every aircraft built after 1985 is equipped with it. "HEPA  
270 filters constantly refresh indoor air with outdoor air and are ideal for removing dust and airborne contaminants (e.g. droplets, bacteria and large microbes, including viruses)"

## **Selective use of face mask mask in indoor – and pollution outside areas only**

275  Only in interior spaces without ventilation and with several people can you choose to wear face protection / mask. Important detail from recent research results:

280 If you come into contact with a SARS-CoV-2 infected person for a short time, you are less likely to be infected or asymptomatic or not to get sick. The longer you are in contact with an infected SARS-CoV-2 person, the greater the chance that you yourself will also become more seriously ill due to the possible contamination, which are greater in the interior spaces and the chances are smaller or virtually nil outside in fresh air (OUTDOOR) .There is another exception with a higher risk probability: Air  
285 pollution in large cities and industrial areas. With air pollution, aerosols can float around for a longer time just like INDOOR, air pollution contains

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particulate matter and the "heavier" air means the droplets will float longer, just like in unventilated interior spaces! So even in this situation one can choose to wear a face mask as well as in large mass meetings.

290 My recommendation: when outside and meeting strange people, face-to-face contact is possible for short periods (10 minutes) and choose position with wind direction in the back. Then wear inside a face mask.

- University of Amsterdam (UvA) Research NL, May 28/2020

295 When talking, coughing, etc.: Large drops fall to the ground within a second and do not contaminate once they are out of the air. The small droplets, on the other hand, float very slowly - due to the large air resistance they experience - to the ground. The researchers discovered that such droplets can linger in the air for several minutes. After someone coughs once, it takes about five minutes for the number of small droplets in the air to halve.

300 The mini-droplets are therefore much more dangerous when it comes to possible transmission of the SARS-CoV-2 virus.

305 When the experiment was repeated in a well-ventilated area, the results improved dramatically. After switching on a mechanical ventilation system, half of the droplets disappeared from the air in two and a half minutes. And in a room that also had a window and a door open, the number of droplets was halved even after thirty seconds - ten times faster than in the room without ventilation. Good ventilation in public areas, for example in public transport, shopping centers, supermarkets and in care (hospitals) homes, is therefore crucial to counteract the further spread of the coronavirus.

- From: G. Aernout Somsen, Cees van Rijn, Stefan Kooij, Reinout A. Bem and Daniel Bonn: "Small droplet aerosols in poorly ventilated spaces and SARS-CoV-2 transmission" in: *The Lancet Respiratory Medicine* (2020).  
[https://doi.org/10.1016/S2213-2600\(20\)30245-9](https://doi.org/10.1016/S2213-2600(20)30245-9)

315 **Gathering in groups outside is more safe, selective use of facemask! Wearing a face mask should not be forced**

New normal becomes open air normal for groups!

320 Continuously( the whole day) wearing a facemask covering the mouth and nose is more risky of becoming infected than people are aware of. This mask (most people wear a normal mask or self-made mask)

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prevents people from breathing properly, so it absorbs less oxygen and exhales less carbon dioxide. This can cause acidification and less oxygen in the bloodstream and as such reduce resistance / immunity.

325 Furthermore, the mask collects a lot of own bacteria that accumulate and can also cause damage, the virus particles are so small that they can still enter the body through the mask and the mask is constantly touched with the hands (drinking, eating, smoking etc.)

330 So: everyone decides whether he / she feels safer with a mask, wear the mask selectively in interior spaces and / or in an area with air pollution. While wearing the mask do not touch your face with your hands and wash your hands with soap and water after touching the mask.

335 BECAUSE: group meetings in the open air / OUTDOOR have virtually no risk of super spread of SARS-CoV-2. So also wearing face protection in the open air is quite pointless and useless ...

So OUTDOOR open-air group meetings can all countries just allow, but .... for example - a sports match with an open-air audience? - visit an open-air market? - visit a music festival?

340 **Yes, no problem, as long as you have to meet a number of conditions:**

- People who feel sick must stay at home and not participate
- People travel directly from home to the place of the event and travel back home afterwards
- Perhaps introduce a short health check at the start of the event

345 - AND 4 hours before the start and 4 hours after the (sports) event: it is mandatory to close all INDOOR bars / restaurants within a radius of 50 km around the (sports) event to avoid supporters / participants before or after the indoor event. still come together in closed spaces, screaming, singing and drinking and then still cause a super spread event in groups without any ventilation in interior spaces! That is the

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most obvious explanation for the reason for contamination, not being outside in groups.

Public transportation is also most secure in the open air, such as

\*\*\* Cycling (also good for the environment and healthy exercise for people)

\*\* Mopeds and \* car (without aircon, windows open)

\* All public transport (bus / tram / train with open windows so that the wind can provide outside air ventilation)

ATTENTION: In areas with (serious) air pollution, there is a good chance that the same risk of contamination threatens as if one is INDOOR! In contaminated air with large concentrations of particulate matter, the virus floats around (just like inside without ventilation), therefore avoid places with heavy traffic, construction sites and heavy industrial areas.

## **Vaccination? With an IFR = the infection fatality rate 0.1%? NO**

Now politics AND MEDIA in all countries are calling, we have to invest in vaccine development, if we wait until the vaccine is there everything can open and we can go back to normal??? Only when there is a vaccine can we live normal again ??? Are they crazy??? People in politics AND MEDIA, please use your common sense...

1. Vaccine development and sales is the simplest EARNED MODEL of the Pharmacy world, all people in the world are potential customers;

2. Developing a working vaccine takes years and then zero guarantees that the vaccine produces lifelong immunity. Every year people are vaccinated against the flu virus, aren't they?

3. Now all labs around the world are working on dozens of vaccine - developments at such a rapid pace that one can be sure that any first appearing vaccine is not sufficiently safe, insufficiently tested and dangerous to health (the drug may be worse than the disease);

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380 4. All the money that governments spend on this development is wasted money!  
Better use money for good prevention in ventilation systems!! If a safe working  
vaccine is already available, SARS-CoV-2 has long disappeared, there is already a  
mutation of the virus or there is a new SARS CoV-3 virus and vaccine does not  
work; and?

385 Dear people, be wise: is there a vaccine for HIV-AIDS (since 1985!)? NO  
Has a vaccine for MERS or for SARS-CoV-1 been used or has it helped?  
For Ebola, only a virus inhibitor has been developed.

6.7 billion People world population..All a vaccine???? Rich and poor?? Every year  
again? At what price??? Is that possible???

390 7. Vaccine in my opinion is completely unnecessary, humanity at this time has  
already developed an immunity in SARS-CoV-1 and now SARS CoV-2 of about 20 -  
25% immunity and that immunity is expected to increase even further;  
IFR = 0.1% the virus is NOT deadly ...

395 8. Humanity must accept that we are only creatures in nature and from that nature  
threats come to humanity from time to time. That has been happening every  
century, is of all times and of all people, people cannot change that, ultimate safety  
does not exist, the lesson we learn is that people should not be afraid and panic,  
and ..... .. Better respect nature;

## **The sense and no- sense of Testing ??**

*Swab tests give as many false positive as false negative results.*

400 Briefly summarized based on the results of new recent research:

- Because people in the world already have partial immunity from the SARS-CoV-1  
virus epidemic (2003), the swab tests cannot determine whether positive or  
negative actually are current corona virus residues.

405 - The current virus does not enter through the nose or throat, but through  
breathing directly into the lungs, according my opinion it is an aerogenic infection.  
So again: the swabs can only determine whether there are SARS components  
present, and it cannot be determined whether this has come through contamination  
(SARS Cov-2) or in the past (SARS-CoV-1). And even more difficult to determine  
with certainty whether or not the person can or has infected others. And..all

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410 *countries apply different tests, which are not at all comparable.(See my Outlook April 2020)*

- What does as much false positive as false negative results mean?

- A negative test result does not exclude that the person is still infected with the current virus and a positive test result does not exclude that the person is not  
415 completely infected with the current virus.

- For that reason, the PCR is also totally unreliable and should not be indicative

**- So testing can cause wrong policies, and one may wonder how useful testing is and if it is worth making so much money!? But again this is just my personal opinion...**

420 **Better view of contamination and number of victims (new insight)**

Preventive method of identifying sources of infection

- What is new, however, is that water samples from sewage treatment plants can better help in the investigation of SARS-CoV-2 / Corona, and not unimportant: the prevention of spread. If more people in a city become infected by SARS-CoV-2,  
425 more traces of SARS-CoV-2 will pass into the sewer via the faeces. By monitoring these virus levels in sewage, we not only gain more insight into the existing infections in a city, but also gain a better grip on the contamination in the longer term. Thanks to the monitoring of sewage water, we can, so to speak, know where people in which region need to be extra alert to the possible higher risk of  
430 contamination.

- Better statistical processing of recorded SARS-CoV-2 virus patients by filling in simple questionnaires and processing them well statistically digitally for better contact research

435 **Realistic calculation of SARS-Cov-2 victims.**

Each country has annual statistics on how many people die each month from which disease causes, these figures are also available at world level (WHO). Well, in this "crisis" one can compare the monthly death rates from illness with the same

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440 monthly statistics from previous years. The expected outcomes are that current  
mortality rates in recent months will have increased due to the SARS-CoV-2 cases.  
If this is the case, a figure for "over" mortality or for "under" mortality (if fewer  
people have died) can be calculated. However, statistics indicate in all countries  
that most fatalities from the current virus already have an underlying disease  
(known or unknown), are over 75 years old (most 80+ years old) or are very  
445 obese. With the fact that only 1% of infected patients can die and the case fatality  
is only 0.1%, people and politicians should stop talking as if we are dealing with a  
"deadly" virus, SARS-CoV-2 it is certainly not.

My prediction is that if the statistics for the whole year 2020 compare "deaths from  
diseases" with the same statistics from previous years 2016-2019, the differences  
450 in number will not differ significantly. In other words, SARS-CoV-2 makes far fewer  
casualties than the numbers that scare people. The population is so frightened that  
most people estimate the mortality probability for their relevant age group to be far  
too high (up to 500 times higher than reality!).

455 Any life that ends unexpectedly with death is, of course, terrible for the person  
involved and his / her relatives.

But so far this virus mainly causes people with a high health risk to die earlier than  
one might expect due to their illness.

## EPILOGUE

460 **SARS-CoV-2 is a specific virus with specific conditions, but  
follows the same flu pattern, lesson learned in 2020**

465 On June 29, 2020, journalism publish reports on the distribution of SARS-  
CoV-2, based on over-mortality statistics in Europe. The statistics are a  
comparison with this SARS period 2020 (until May) compared to the 4  
previous years. Conclusion: the SARS distribution is highly regional, so it  
makes no sense to compare countries. In most European regions, there is  
an excess mortality of 5% or less, where SARS has hit more severely  
excess mortality up to 25%. This means that in most European regions  
(2/3 of Europe) there is actually no excess mortality from SARS-CoV-2,

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- 470 because less than 5% excess mortality occurs as a fluctuating  
percentage!
- There are major outbreaks in countries when there is normally a flu season. USA and Brazil are still in the first outbreak that intensify due to bad policies. Brasil is in rainy Season for the flue in Tropics between  
475 March and June and it moves from North to South. In India this is from June to September from West to East and we are now seeing large increases in victims. We also see it now starting in South Australia, where it is now winter.
  - Air conditioners also seem to be causing major outbreaks in areas  
480 where the virus had not almost completely disappeared. We see that not only in the Southern States of the US, where people between the ages of 20 and 40 are in groups in bar disco, restaurant, but also in other warm areas. These outbreaks are therefore in closed rooms, with no fresh air supply, considerably colder than outside, with relatively low humidity.
  - In tropical countries during rainy season between June and December
  - In Western countries, the flu season is in winters from November -  
485 March. Therefore, measures must now be started in the west to put the ventilation in order.
- Covid-19/Sars Cov-2 virus already detected from April 2019!!!**
- 490 New research from tests in the water samples sewage systems shows virus constituents in various countries as of April 2019. These are indications that the SARS-CoV-2 virus may be a dormant virus among humans and that certain circumstances actively trick the virus and activates.
- 495 see part I of my documents.