

## Concrete CORONA Facts: Common Sense vs Instinct

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By Leo Regeer (NL). Accountability and more detailed background descriptions on really all the facts described here, my advice: Read all my SHIELD and CORONA opinion papers that I wrote in April - July 2020 (and everything really comes true) at [www.leo.nl](http://www.leo.nl) Documents: In NL and ENG and part Du, click the flag at the top ...

I describe exclusively objective facts and events and put them in perspective. Where I express my own opinion, I state this clearly, all of the concepts described here are explained in detail in my 2020 docs! Pre-announcement: This situation around the political / economic crisis and the Corona virus has made me think about the acceleration and deceleration in which our world is now. I intend to release my new theory about this in the coming months, called "Regeer's Countered Acceleration Theory". I am highly recommended for advice on relevant publication channels.

### 1. CONCRETE FACTS AND MEASURES I RECOMMEND FOR A BETTER NORMAL NOW.

a. (I am referring to the Dutch situation with the most severe measures today, but all other countries in the world are comparable)

Ladies / gentlemen political leaders / experts, can you please **stop** the tunnel vision which is called the "new normal", but which is extremely abnormal behaviour, causing untold damage to adults and young people and causing great economic misery? I know, social distance has been shouting for a year, reluctantly wearing mouth caps, closing schools, shops, sports, culture and companies and close to despair, restrictions on freedom, people who are expelled from their homes and end up in poverty on the street job loss. I know, it's easier to go through tunnel vision like this than to get out of that tunnel ... but still, take your vision loss, develop other thoughts and look at broader scientific viewpoints than just medical model experts. I venture to advice: stop the abnormal life NOW and develop a BETTER normal life, let your citizens breathe freely again. (in NL: with all drastic measures for entire population groups, politics follows the RIVM advice (NL WHO institute), but when it comes to your own political elections, you are suddenly able to get out of the tunnel vision and you suddenly do not ask RIVM advice and can elections go ahead, no critical question from journalists? Incomprehensible ... if I were already in the Netherlands myself, I would not vote in protest)

b. I also believe that doing nothing is not an option in this Corona time, but reducing human contacts and avoiding corona infections can take place in a much more empathized and humane way.

1. Everything stands or falls with the concept of accepting. I think we have to accept that the Corona viruses are causing the new diseases in this 21st century. I think that means that we have to start thinking about longer-term measures. And that in turn means that all the measures that we now know for the short term, may not achieve the desired effects for this longer term.

2. Locking up healthy people in their own environment is sickening, terror and undesirable. Setting restrictions at the wrong times in the wrong situations also increases the risk of unwanted and dangerous (violence) situations. So my advice for the long term would be to set restrictions and then limited in the right situations to ensure the safety of all citizens as much as possible. Isn't that the ultimate task of the government? And: 100% safety does not exist in our life!

3. So STOP now as much as possible with all restrictions. The medium-term goal should be to reasonably limit people-to-people contact, which I believe can be done in the following ways:

a. Give every citizen his own responsibility and freedom of choice, regardless of age category;

b. Open up the entire society and economy, schools, offices, shops, companies, entertainment, theatres, museums, swimming pools, sports, outdoor recreation, etc, etc. But taking into account:

1b. On even and odd days, half of the population alternates with no restrictions, for example by number plates of even / odd cars, family names and ID by alphabet, school children / sports in odd and even groups, etc , etc.

2b Enter variable work and start times by industry / education / all branches

3b. Make agreements with other countries about tourism in the same trend;

4. Make all interior spaces as corona-proof as possible with effective ventilation. Develop a corona proof quality mark from the government with predetermined recommended prices (prevention of extortionate prices). Do not forget the houses of the people! Government provides financial assistance to citizens at these costs.

5. Ask people to wear a face mask in poorly ventilated indoor areas and in outdoor areas with (heavy) air pollution.

6. Make now the health care capacity corona proof for the near future. Develop an epidemic hospital with expertise per region. (See my Shield document). Let these regional epidemic hospitals form the front line and the regular hospitals act as a back-up. Detach a percentage of professionals from the regular care for this epidemic care, possibly on call in crisis situations with a high contamination level. Arrange more budget for the development of effective treatment and medicines for corona. Make the right assessment with regard to treatment (effective specific medication) versus prevention (vaccines) of Corona in the future.

7. Corona era makes the choices in healthcare clear again. Let the government now start discussing the dilemmas in health care ethics in relation to patient life expectancy, treatments and costs for somatic, psychosocial and long-term care. The wave of aging is coming over the next twenty years of this century. And in my opinion, the Corona virus does influence this process for the next decade.

8. Testing and vaccination should be based entirely on individual freedom of choice and as such not influence the individual's freedom of movement.

9. STOP publishing mortality figures and all other statistics. In this way eradicate the unjustified fear and panic in people. In four years (2025) we only will know the numbers of the real effect of corona on humanity. It is more adequate to give an indication to the relevant regions on the basis of the sewer figures (samples) where corona components are found in higher concentrations, to act more carefully if there is a higher risk of outbreak.

10. If people get sick, the advice is to take a week off at home, if possible separated from other family members.

### **c. INTRODUCTION about backgrounds to what is happening in the world now**

#### 2 Examples

- A herd of bison in nature runs wild in fear and panic, in stampede the whole herd runs towards an abyss and can by their instincts keep running and the whole herd falls into the deadly abyss;
- An insane guru founded a sect, many followers because of his charisma. Hell and Damnation is preached and there is only one solution: Salvation by suicide, the guru starts and the whole group of followers follows this act and all adults and children commit suicide;

Two concrete examples of events, facts that actually happen and have happened. This is how I currently consider the situation worldwide:

Fear and panic have created a large sectarian worldwide CORONA SARS-Cov19 -2 SEKTE, by using medical "experts".

The MEDICAL model, the virologists and epidemiologists, this particular group of scientists, are the current gurus: There is a SARS-CoV-2 virus (Corona) problem, the only solution is locking up healthy people, limit their freedoms in many ways until we have given everyone a vaccine!

It is shocking that these situations take place in many countries in the world; it does not matter whether you as citizens in your country are ruled by dictator or if you are a citizen in a (parliamentary) democratic country! The political leaders and the journalistic media follow the experts uncritically (instinctive urge) and cannot break free from this politically controlled "tunnel vision" / instinctive urge to survive. We humans belong to the noble mammals in nature, so with the most developed brain we can think and communicate, express emotions and feelings in our behaviour, however, by fear and panic, brought by political leaders and medical model "experts", we become reduced to the level of instinctive animal fear and panic action.

## 2. CONCRETE FACTS AND MEASURES IN THE WORLD OF NOW

Let me be clear again: doing nothing is not an option in this SARS-CoV-2 period, but what is happening now in many countries is that the means are worse than the disease! Current measures affect people in all their dimensions:

<u>Human dimensions</u>	<u>lock down consequences for healthy people, among others</u>
Physical dimension:	creates resistance reduction, obesity, other diseases
Psychological dimension:	developed radicalism, extremism, conspiracy theories, terror
Social emotional dimension:	conflict, loneliness, depression, (sexual) aggression, violence
Spiritual dimension:	Insecurity due to doubts about existence / God / religion, job loss, financial debt, loss of place of residence, failure, hunger / poverty

- Current measures are taken on the basis of “models” not on concrete facts;
- Slowly, it is finally becoming public that governments are making facts / figures heavier / interpret differently in order to demand compliance from the people for rigid measures (D / Die Welt, NL / AD, etc);
- Government and "experts" communication: About the R number (reproduction number): if  $R = 1$  then 100 Corona positive people can infect another 100 corona negative people..... Huh????

I think: if  $R = 1$  then 1 Corona tested positive person can infect another who is negative, right? In what situations are there 100 people infected with corona all at the same time in the same interior space? Or 50 people at the same time? Or have I misunderstood? Outside there is little chance that you will be infected by a single person, in an indoor space with poor ventilation, a single person can infect many other people....

- 1st, 2nd and 3rd waves, all kinds of mutations GB / Bras / SA ... In my opinion there is only one wave of virus that CONTINUES to spread all over the world in different seasons and constantly mutate throughout the world, like all viruses; so there are already hundreds or more virus mutants of Corona in many countries;
- Statistically speaking, there is no evidence whatsoever which measure can have which effect on reducing the spread of the virus. Common sense is that fewer contacts between people and fresh, healthy outside air can reduce the risk of contamination;
- In the past year, 2.5 million people worldwide have died “corona related”, of whom more than 90% with underlying diseases / illnesses; worldwide more than 56 million people die every year from “common” diseases, not including the millions of people worldwide who die of famine. Only in 2025 will we know exactly how many people have died more or less by comparing the figures in 2025 from 2015-

2019 with the figures for 2020-2024; Only then will we know with more certainty how many people died more or less earlier than you might have expected on the basis of their underlying illness or suffering;

- Regular health care is under pressure as a “frontline”, where there are less good facilities this is poignant; however, in several (Western and non-Western) countries these capacity figures are also deliberately manipulated by financial interests;

- The current vaccines have been developed at a record rate and have been investigated for their effect by the producing companies themselves for a short period (maximum six months); no expert in the world can now determine whether the immunity effect lasts longer than 5 months and what the long-term consequences could be; Pfizer recently announced that it could make an additional profit of nearly \$ 50 billion by 2021 this year through vaccine sales alone;

- Immediately upon the availability of vaccines, (rich) countries did not know how quickly they had to get these vaccines (where is the world solidarity??) and start vaccinating as soon as possible (the world Corona Sect solution). Why this rush? Given the unknown long-term effect? Vaccination in the middle of winter in the western countries, in the middle of the rainy season in the tropical countries?? In view of the above, it seems more sensible to vaccinate in the summer months (in the west more guarantees for the coming winter) and in the dry / hot season (more guarantees for the coming rainy season in the tropics)....

- Since 2020 it has become more and more clear that the mass spread of SARS-CoV-2 takes place in INTERIOR SPACES (many studies described, not always double peer view) in church services, weddings, funerals, bars / discotheques, restaurants, nursing homes but also hospitals, theatres, slaughterhouses / factories, choirs / event halls, but also in a family situation, living environment ... etc

- The VENTILATION measure is still not considered the most effective measure in many countries and by the WHO. Knowing that both air conditionings (cooling systems) in houses / indoor spaces in the tropics as well as heat (pump) systems in houses / indoor spaces in the west are all based on the system of recirculation of indoor air, virtually without intake of outdoor air, with closed windows and doors..... ???

- The global financial debt for the era of Corona (2019) was about 80 billion USD, this year that global debt has increased 3 to 4 times to about 300 billion USD and will continue to rise ... that who is going to pay?? The extremely rich???

The financial system is not at 2 minutes to 12 but 10 minutes past 12..... The debt crisis will unfortunately affect many millions of (poor) people in the world this coming decade...